Gaps in assessment Gaps in protection

IIAS/EHT Expert Forum 2017

Dr. Yael Stein MD

Department of Anesthesia and Critical Care Medicine Hadassah Medical Center, Jerusalem, Israel

Contents:

- 1. Cumulative exposure assessment
- 2. Gaps in protection

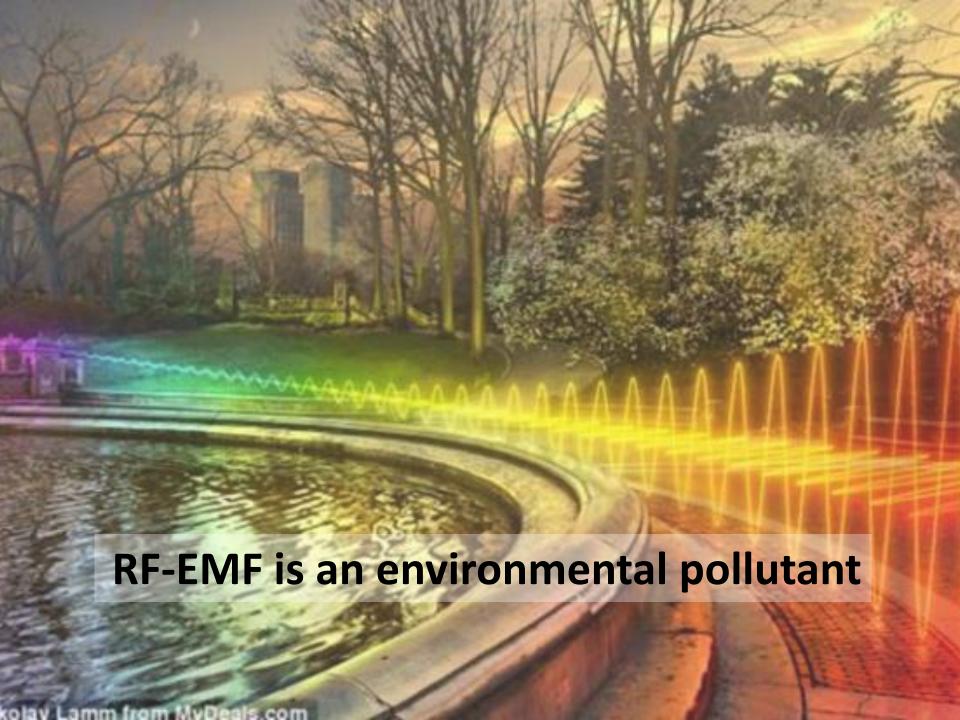












schoolchildren

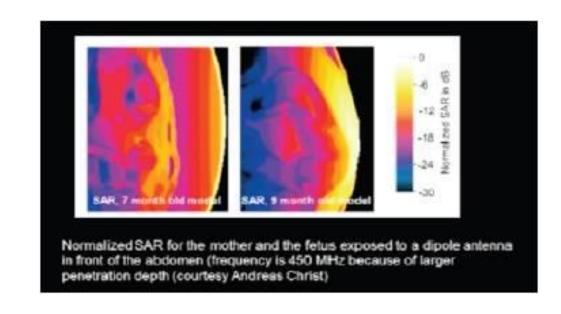




Cumulative exposures

Babies

- Laptops near pregnant abdomen?
- Baby monitor transmitters near soft skull & brain?





Exposure assessment - cellphones

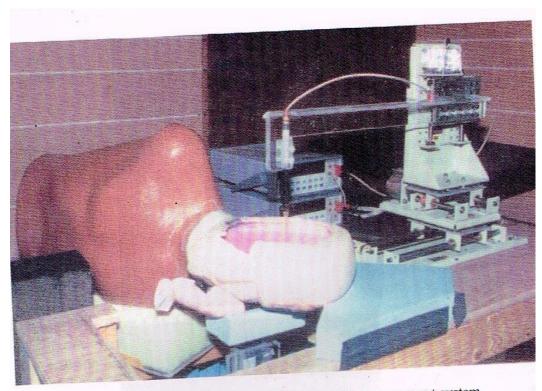


Figure 8 The 3-D stepper-motor-driven automated SAR measurement system.

SAM

Specific Anthropometric Mannequin

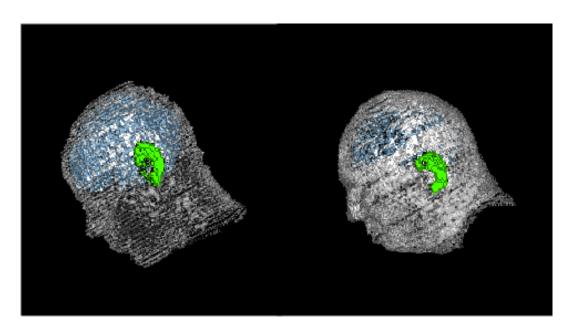
Underestimation of EMF/NIR Exposure for Children for Mobile Telephones and for Electronic Article Survellance (EAS) Systems

Om P. Gandhi

Department of Electrical & Computer Engineering
University of Utah
Salt Lake City, UT 84112 U.S.A.

Invited paper presented at the International NIR and Health Workshop- Brazil, May 18,19,2009.

FDTD Modeling is superior to SAM



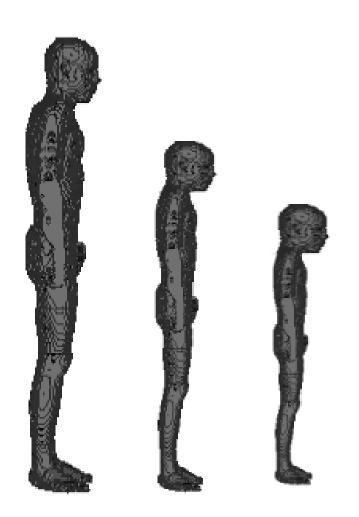
Gandhi & Kang, *Phys. Med. Biol.*, 47:1501-18, 2002

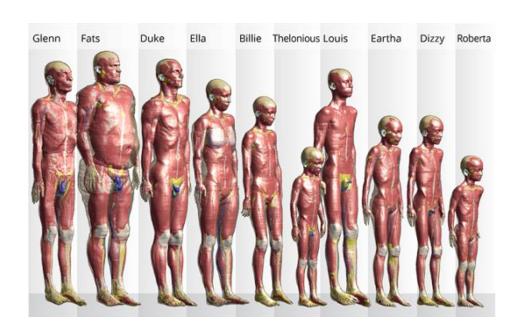
The Utah Model and Visible Man model at 1900 MHz

the two anatomically-based 30°-tilted head models used for SAR calculations

The 6-10 mm thick plastic "pinna" used for SAM underestimates SAR

The Virtual Population (ViP) model phantoms -- IT'IS Foundation







Gandhi's anatomic models 2001



The Honorable Dennis Kucinich 2445 Rayburn House Office Building Washington, DC 20515

Children are disproportionally affected by environmental exposures, including cellphone radiation

our support of H.R. 6358, the Cell Phone Right to Know Act.

The difference in bone density and the amount of fluid in a child's brain... could allow children to absorb greater quantities of RF energy deeper into their brains than adults

new standards for cell phones or other wireless devices be based on protecting the youngest and most vulnerable populations to ensure they are safeguarded through their lifetimes.

Home Cordless phones

2002

NONSTOP PULSED 2.4 GHZ RADIATION INSIDE US HOMES

2nd International Workshop on Biological Effects of Electromagnetic Fields 7-11 Oct 2002

NONSTOP PULSED 2.4 GHZ RADIATION INSIDE US HOMES

THOMAS HAUMANN¹ AND PETER SIERCK²

¹Umweltanalytik und Baubiologie, Meisenburgstrasse 25, D-45133 Essen, Germany

²Environmental Testing & Technology, Inc., 1106 Second Street, Encinitas CA 92024, USA

The radiation levels from the GIGASET located in the same room are even higher than encountered in proximity (50 to 100 feet) to most cellular base stations located on pole mount positions or on top of office buildings

A sentinel case series of cancer patients with occupational exposures to electromagnetic non-ionizing radiation and other agents

Yael Stein, Or Levy-Nativ, Elihu D. Richter

Eur. J. Oncol., vol. 16, n. 1, pp. 21-54, 2011

Eur. J. Oncol. - Vol. 16 - N. 1 - March 2011

Eur. J. Oncol. - Vol. 16 - N. 1 - Marzo 2011

SSN 1128-6598

EUROPEAN JOURNAL OF ONCOLOGY

GIORNALE EUROPEO DI ONCOLOGIA

Official Organ of the Italian Society of Tumours SIT Prevention, Diagnosis, Therapy Organo Ufficiale della Società Italiana Tumori

Prevenzione, Diagnosi, Terapia

Latency < 5 years		Exposure: Immediate environment	Exposure: Background/ external - outdoors	Age at initial exposure & Sex	Duration (years)	Latency (years)	Diagnosis	
Solid								
Brain Glioma/ Astro	ELF RF/MW	High-power electronic equipment & powerline >3-4 mG Maintenance of receiving and transmitting RF/MW equipment	Antennas	25 M	2	2	C71.1 – Malignant neoplasm of brain stem. M9440/3 – Glioblastoma NOS	
	Other exposures	Ionizing Radiation: Outd	Ionizing Radiation: Outdoors - Direct contact with wave guides, emitting X , α , β radiation					
	Comments:	Intense exposure during 6 wks. Previously suffered head trauma. Co-worker with glioblastoma						

Multi-modal exposures

Home exposures



Chapter 57. Electromagnetic radiation

and health: Human indicators

Yael Stein, Osmo Hänninen^{1,*}, Paavo Huttunen²,

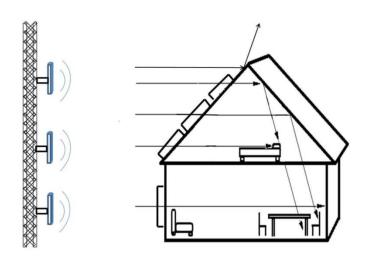
Mikko Ahonen³ and Reijo Ekman⁴

Humans and all living organisms are receiving antennas for electromagnetic radiation

Atoms, molecules and ions in human tissues interact with the electromagnetic waves, for example **iron**, present in many catalysts, haemoglobin and other carriers of oxygen, and **magnetite crystals**

Building materials

- Steel-reinforced concrete
- Roofs and walls often do not enable electromagnetic radiation to penetrate
- Are reflective



- Radiation from an external source can enter a building through the side walls.
- is then reflected inside the building
- Reflections can interact form standing waves and hot spots

Masts / Antennas

RF & ELF

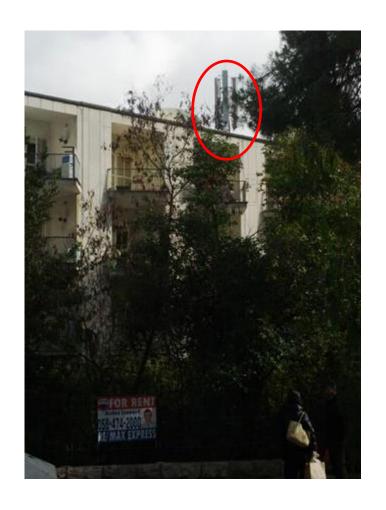
ELF RF



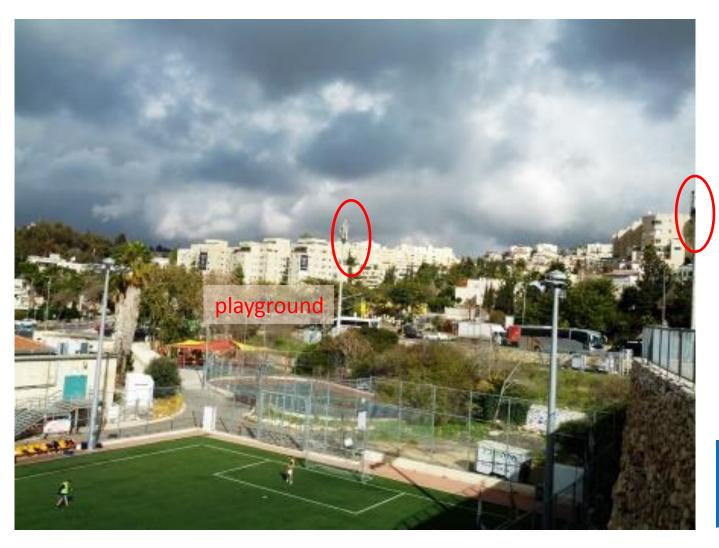


Ground floor 4 room appt w garden, Katamon





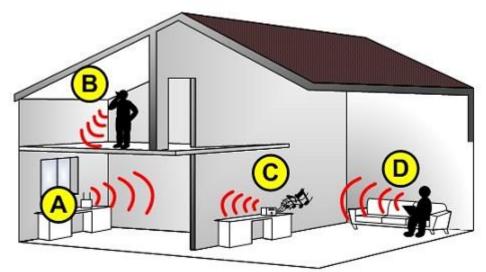
Recreation under the masts...



MAST SHARING?

Teenagers' home exposures





A = WiFi Router C = WiFi Radio B = WiFi Phone D= WiFi Laptop



Photographed by parent in 1st grade classroom

School





Home Wi Fi

- Less devices
- May be switched off





School Wi Fi

- Many radiating devices
- Is not fully turned off
- Environmental pollution during weekends...

Laptops

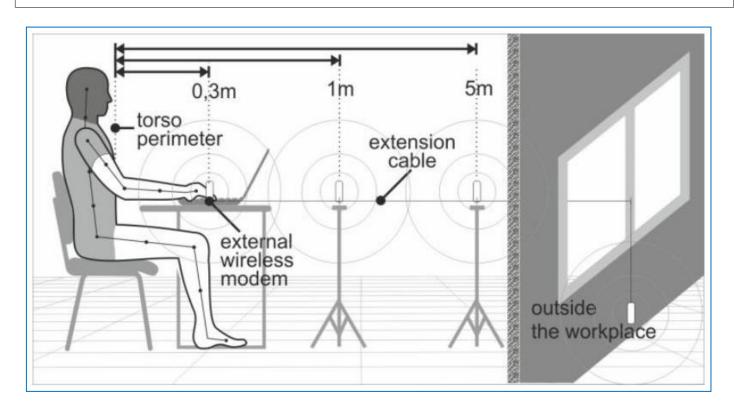
Besides radiofrequency fields, laptop computers also generate a range of other frequencies:

- extremely low frequencies (ELF),
- ultra-low frequencies (ULF),
- very low frequencies (VLF),
- low frequencies (LF)
- medium frequencies

Reducing Exposure to Radiofrequency Electromagnetic Fields from Wireless Networking with Portable Computers

Tarmo Koppel¹, Inese Vilcāne², Mikko Ahonen³,

Safety of Technogenic Environment 2014



The exposure was tested under different distances between the user and the antenna (0.3 m, 1 m, 5 m and outside the workplace)

Multiple devices in class

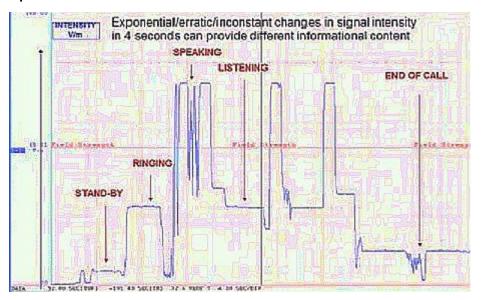


Standards based on Averaged intensity calculations?

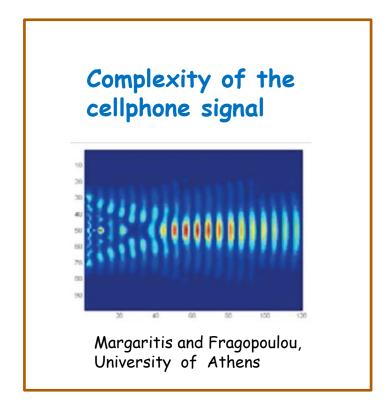
Variation in signal intensity - cellphone

Patterns of signal change may be more biologically important than average exposure

change in power density within 4 seconds of a phone call:



Margaritis and Fragopoulou, University of Athens



IEEE STANDARDS ASSOCIATION



IEEE 802.11™: Wireless LANs

Wi Fi wLAN protocol

2.4 – 5 billion pulses per second

802.11 — wireless LANs (Local Area Networks)

provides 1 - or 2-Mbps transmission in the 2.4 or 5 GHz band using either:

- frequency-hopping spread spectrum (FHSS) or
- direct-sequence spread spectrum (DSSS)

Beacon Interval Field

- In 1024 μs Time Units (TUs)
- Typically 100 TUs or about 0.1 Seconds



Prof. Dr. Lebrecht von Klitzing Umweltphysikalische Messungen GbR□ Schwimmbadweg 21 D-36466 Wiesenthal Germany

Declaration of Prof. Lebrecht von Klitzing On EHS

I, Prof. Dr. rer. nat. Lebrecht von Klitzing, under penalty of perjury, hereby make the following declaration in support of an injunction to ban Wi-Fi in schools in Israel, in a case submitted to the Israeli Supreme Court (Docket Number: 6269/12) and provide this declaration to prove that EHS is a condition caused by electromagnetic radiation to which biological markers exist:

My experiments also demonstrated that people with EHS reacted to Wi-Fi with a power density that is 50 times lower than that from cordless phones. This finding suggests that the impact of Wi-Fi on the body is occurring in lower radiation intensities.

A possible explanation may involve the fact that Wi-Fi modulation uses a 10 Hz frequency, which is in the range of the human Alpha Brainwaves, which range from 8-13 Hz.

1980

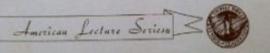
THE EFFECT OF
AIR IONIZATION,
ELECTRIC FIELDS,
ATMOSPHERICS
AND OTHER ELECTRIC PHENOMENA
ON MAN AND
ANIMAL



FELIX GAD SULMAN

M.D., D.V.M.

Businessia University Medical Center Behaviole University Medical Center Ierasalem, Istoci All modern aspects of bereformtokings are covered in the beek Conservation on basis information and or provinced application in modern and monactions, the methes received and analyses the electric factors later, and the clients factors later, steeper and contention to the formation of all presented on the implications also presented on the implications of security managination.



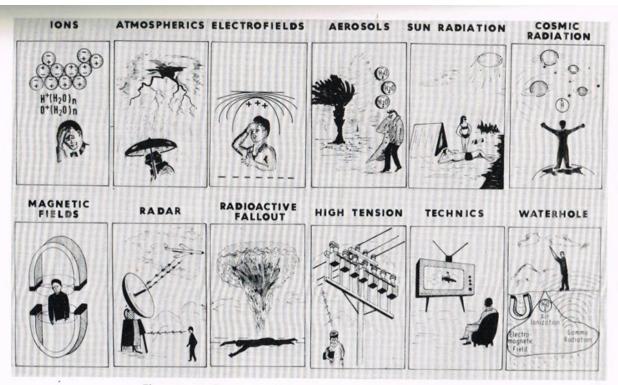


Figure 1. Twelve sources of air electricity and their impact on man.

12 sources of electricity and their impact on man

Felix Sulman, Pharmacy school, Hebrew University of Jerusalem, 1980

Evidence is accumulating that pulsed radiation can be more effective in producing biologic effects than continuous radiation

- Pulsing?
- Repetition rate?
- Peak power?

Are the effects additive? Synergistic?



Charalabos C. Papageorgiou et al.

J. Integr. Neurosci. 2011; 10, 189

Effects of Wi-fi signals on the <u>P300 component</u> of event-related potentials during an auditory Hayling task

Wi-Fi exposure may exert gender-related alterations on neural activity associated with the amount of attentional resources engaged during a linguistic test adjusted to induce WM

The P300 component of (ERPs) is believed to index attention and working memory (WM) operation of the brain

- 15 M , 15 F subjects (age / education matched)
- performed a modified version of the Hayling Sentence Completion test, adjusted to induce WM
- ERPs were recorded at 30 scalp electrodes, both without and with the exposure to a Wi-Fi signal

P300 amplitude values at 18 electrodes were found to be **significantly lower in the response inhibition condition** than in the response initiation and baseline conditions

Within the response inhibition condition - 15 leads had decreased P300 amplitudes of males in comparison to female subjects only at the presence of EMF



CRC



Distr. GENERAL

CRC/C/GC/12 20 July 2009

Original: ENGLISH

COMMITTEE ON THE RIGHTS OF THE CHILD Fifty-first session Geneva, 25 May-12 June 2009

GENERAL COMMENT NO. 12 (2009)

The right of the child to be heard

Pulsed wave exposure from "Smart meters" in every home?

Article 27

 States Parties recognize the right of every child to a standard of living adequate for the child's physical, mental, spiritual, moral and social development.



American Academy of Environmental Medicine

6505 E Central • Ste 296 • Wichita, KS 67206 Tel: (316) 684-5500 • Fax: (316) 684-5709 www.aaemonline.org

Jan 2012 – Statement against Wi Fi in schools:

 Adverse effects, such as learning disabilities, altered immune responses, headaches etc are well documented in scientific literature

June 2012 – Board opposes the installation of wireless "smart" meters

A preventable environmental hazard

"Patients are reporting to physicians the development of symptoms and adverse health effects after 'Smart Meters' are installed on their homes.

Immediate action is necessary to protect the public's health."



Public transport

Wi Fi in bus

+ everyone's cellphones & tablets



Wi Fi in aircraft





Wi Fi on the train

ELF exposure in public transport

2004

Biological Effects of EMFs, 3rd International Workshop, Kos, Greece 4-8 October, 2004, pp: 1065-1071.

PASSENGER EXPOSURE TO MAGNETIC FIELDS ON GO-TRAINS AND ON BUSES, STREETCARS, AND SUBWAYS RUN BY THE TORONTO TRANSIT COMMISSION, TORONTO, CANADA

MAGDA HAVAS, SIMON SHUM and RAHEMAN DHALLA ENVIRONMENTAL & RESOURCE STUDIES, TRENT UNIVERSITY

- Commuters with electrical sensitivity may have difficulty using some forms of public transit
- **Toronto** as many as 2% of the 1.4 million daily revenue passengers may be electrically sensitive

Gaps in knowledge:

Wi Fi – Meters

RF pulsed

Cordless

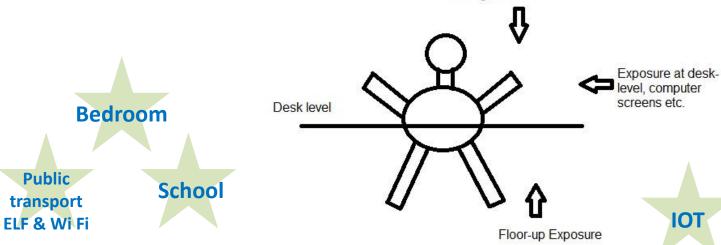
Antenna

DECT phone

- Cumulative multi-modal exposure assessment
- Long-term chronic exposures

Phone charger

Exposure from above, sitting at desk



Gaps in protection

Physicists / Engineers

Bio-physics Dosimetry Dielectric Spectroscopy Penetration modelling





MD Physicians / Biologists / Epidemiologists

Epi → health effects → Lab studies / mechanisms

"It is astonishing to see that the proponents of thermal effects of electromagnetic fields have learned nothing new over the last 40 years"

Prof. Dr. Karl Hecht

- European and US exposure limits STANDARDS cannot claim to provide protection
- Short-term studies cannot discover harm
- Policies claim safety where a warning would be in order
- Affects the administration of justice
 - incorrect judgments are passed—court is forced to do so within currently valid legal framework

Health Implications of Long-term Exposure to Electrosmog

Karl Hecht

Effects of Wireless Communication Technologies

A Brochure Series of the Competence Initiative for the Protection of Humanity, the Environment and Democracy e.V.

Brochure 6

Brochure Series

English edition of the German edition (2012), August 2016

Bioinitiative Report 2007-2012

Summarizes peer-reviewed literature

Reported Biological Effects from Radiofrequency Radiation at Low-Intensity Exposure (Cell Tower, Wi-Fi, Wireless Laptop and 'Smart' Meter RF Intensities)

Stress proteins, HSP, disrupted immune function

Reproduction/fertility effects

Oxidative damage/ROS/DNA damage/DNA repair failure

Disrupted calcium metabolism

Brain tumors and blood-brain barrier

Sleep, neuron firing rate, EEG, memory, learning, behavior

Cancer (other than brain), cell proliferation

Cardiac, heart muscle, blood-pressure, vascular effects

STANDARDS		
0.08 W/Kg	IEEE Standard uncontrolled public environment (whole body)	IEEE
0.4 W/Kg	IEEE Standard controlled occupational environment (whole body)	IEEE
1.6 W/Kg	FCC (IEEE) SAR limit for 1 gram of tissue in a partial body exposure	FCC, 1996
2 W/Kg	ICNIRP SAR limit for 10 grams of tissue	ICNIRP, 1996

Rediscovering...

Electromagn Biol Med. 2017;36(2):123-131. doi: 10.1080/15368378.2016.1194294. Epub 2016 Jul 15.

Trigeminal neurons detect cellphone radiation: Thermal or nonthermal is not the question.

Marino AA¹, Kim PY¹, Frilot Ii C².

Trigeminal neurons were capable of detecting temperature changes far below skin temperature increases caused by cellphone radiation

Radiation standards for cellphones based on a thermal/nonthermal binary distinction do not prevent neurophysiological consequences of cellphone radiation





דיון ציבורי בנושא שימוש ברשת אלחוטית (Wi-Fi) בבתי ספר

- The discussion about deploymetworks in schools in Israel is not yet
- It should be remer children, are children, are the children in the public, including the children in the public children.
- It should be taken into account that the use of a cellular phone exposes the user to a much higher intensity of electromagnetic radiation than the wireless network

What is the formal recommendation of the Ministry of Env Protection?

Q by Gideon Leichner, parent activist

A by **Prof. Stelian Ghelberg**, Director of Noise and Radiation Prevention Department, Environmental Protection Min.

Q: What is the problem and/or danger with Wi Fi in classes, when using 20 or more tablets/laptops?

A: Un-justified radiation exposure from the tablets/laptops' transmitters

Q: What is **your position and recommendation for the Ministry of Education** and/or to the local authorities regarding installing wired and/or wireless network in the schools?

A: To use a wired network.

The local authority must explain why it is not installing a wired network.

Q: What is the area of responsibility of the Environmental Protection Min regarding wireless (Wi Fi) radiation sources on school grounds?

A: The Ministry has no authority since this equipment is exempt from getting permissions as is stated in the Non-Ionizing Radiation Law 2006

The difference between the maximum output and the average is much higher in case of Wi Fi networks

Q: Is a different test needed in order to measure the strength of radiation in a classroom from cellular sources as opposed to Wi Fi sources?

A: This is currently being examined as part of a research project by a student at the Hadassah college

Municipalities

Installing Wi Fi in schools & refusing wired networks

- According to directions from Min of Education
- Justified by Min of Health website "Tnuda"
- Performing radiation measurements authorized by Min of Env Protection



Min of Env Protection

- Formal position is that first line should be wired networks because
 Wi Fi in class is unjustified exposure
- Requires schools to justify why a wired network is not installed?
 NOT DONE
- Has NOT yet developed / approved guidelines for measurement of Wi Fi
- Does not have the specific equipment to measure Wi Fi



Ministry of Health

- Formal position: we're not experts on EMF, we have a counsellor →
 see her website "Tnuda"
- Counsellor (Sadetzki): **Risk is yet unclear.** Regarding technical issues, I am not an expert, I rely on the Min of Env Protection
- "Tnuda" website continues to approve = Min of Health does not prohibit massive deployment of Wi Fi in schools all over Israel

Jerusalem Municipality Department of Education - "Manhi":

"My policy is whatever the Ministry of Health tells me to do"

"I shall never authorize wired internet in any Jerusalem school"

Why?

MOH's "Tnuda" website says there is no problem with Wi Fi in schools

"...If you oppose wireless technology you should remove your child from this school."

SUMMARY

Exposure assessment:

- Cumulative multi source and multi modal exposures
- Long term exposures
- Thermal-only standards are outdated and nonprotective

Protection:

- Better coordination in policy is required
- A clearer message for protection

Acknowledgements:





The Yael Pitun fund for research in **Environmental Science**, Hebrew University of Jerusalem Dep of Environmental Science



Prof. Om P Gandhi, University of Utah