



Thursday, March 18,  
6:00 p.m. ET, 3:00 p.m. PT

Meet Rinat Shtrahlhofer &  
Tashi Lhamo of  
"We Are Not SAM"

IO PATREON



**Join Patreon and Meet Rinat and Tashi**  
**Thursday March 18, 2021, 6:00 p.m. ET, 3:00 p.m. PT**

The world is waking up to the fact that cell phones and wireless devices are not tested the way we use them — directly next to our bodies. Even if they were tested in body contact positions, current cell phone radiation limits do not protect us.

Phones are tested in an antiquated method using a large plastic bowling ball-sized head of a male dummy named Standard Anthropomorphic Mannequin (or SAM for short). SAM's head is nearly double the size of the head of a toddler and larger than 97 percent of all people. Typically, manufacturers select a single device among their product lines to test on SAM to make sure the syrupy liquid inside the dummy's thick skull doesn't heat up. A big guy with a

thick skull, SAM is not very talkative — his average test call lasts six minutes.

We are Not SAM! Yet the Federal Communications Commission (FCC) continues to rely on the outdated and misleading “SAM” dummy for testing data on cell phones and other microwave radiating devices, including whatever equipment 5G may ultimately entail.

That is why I have joined with the We Are Not SAM campaign. Co-creator Rinat Strahlhofer is a former telecommunications insider from New South Wales, Australia.

"Telcos have been getting away with certifying mobile devices as safe for years because the test is rigged," Strahlhofer explains. The test only measures changes in temperature that occur within fluid poured into the plastic dummy head of SAM. The test cannot evaluate combined effects of simultaneous use of multiple wireless frequencies common today nor effects on sperm quantity or quality, growth of nerve cells, hearing nerves, and interference with DNA repair—all of which have been documented to occur from current levels of microwave radiation exposure from phones and cell towers. The FCC is in possession of these studies. We know this because Environmental Health Trust and many other expert scientists have submitted these studies to it.

Rinat spent her career marketing services and technologies for Australia's largest telco company. During the company's \$1 billion 3G rollout, reasonable community concerns over potential health and safety impacts — including questions she began to raise — were ignored. By 2019, with industry prepared to roll out 5G across Australia — despite the absence of any safety testing on humans or the environment and with growing numbers of disaffected industry insiders — Strahlhofer had enough.

Well aware that SAM did not represent most people who used phones, We Are Not SAM was born as a global campaign to call out the implausible and unrealistic system on which every one of the world's more than 7 billion phones has been tested.

You can read more about SAM in [mylatest op-ed](#).

I will be speaking with Strahlhofer and her colleague Tashi Lhamo during our next Patreon event, Thursday, March 18, at 6:00 p.m. ET, 3:00 p.m. PT.

If you are not already a member of Patreon, this is a fantastic opportunity to show your support for EHT while gaining access to some of the brightest scientists and most influential advocates for safer cell phone technology. Patrons are welcome to ask questions and participate in all of our live Patreon events, and your small donation every month helps EHT bring you the best research, resources, and current events.

We hope that you will join us Thursday for this Gold-level event with "We Are Not SAM" founders Rinat Strahlhofer and Tashi Lhamo.

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**Read the Latest Op-Ed, "We Are Not SAM"**

# About Our Guests

## About Rinat Strahlhofer

Rinat Strahlhofer spent years in marketing and social science; working on customer relationships, sports sponsorship, leadership, performance initiatives, segment marketing and brand development. Strahlhofer spent four years putting disruptive services and technologies into the hands of millions.

Now, as an ex-telco marketer, she does the opposite, advocating on the frontline for safer technology and a halt on the 5G network rollout in her community and beyond. She is passionate about giving a voice to independent leading scientists, to seeing visible warning labels on wireless devices, and to building a future with rigorous safety testing.

As a telco whistleblower, she was instrumental in marketing Australia's largest 3G rollout before being stonewalled by her employer (Australia's largest telco), when she started asking questions about research on EMF exposure and its health implications. She realized quickly that the sales hype surrounding the rollout was being prioritized over the community's very real concerns over the new network's potential health and safety impacts. Deeply disillusioned by the lack of industry regulation, not to mention safety science, she left her role — and Australia — for almost a decade.

Upon her return home, she located to Byron Bay and started “putting things right,” joining the Northern Rivers for Safe Technology group. Today, she is one of the group's core administrators. She is also the key spokesperson for the recently launched global campaign called WeAreNotSAM, which is exposing how the telecom industry, government, and the wireless industry are treating people as crash-test dummies for profit.

## About Tashi Lhamo

After four years as a website designer, Tashi Lhamo noticed that she became very ill every day after using technology. Leaving her job to return to school for a post-graduate degree, she began investigating the effects of electromagnetic frequencies on the human body. While working on her degree in primary school education, she became an expert on “technology” implementation in school curricula.

After a number of years, she became increasingly disillusioned by the education system. She then turned her career toward environmental education, specifically waste and resource recovery.

Ms. Lhamo started working again with schools to develop sustainability studies. When she began using a smartphone as part of her work, she noticed again that she was suffering effects of electromagnetic sensitivity, experiencing heart palpitations and anxiety. Ignoring her sensitivity to EMFs, she still used the addictive wireless technology but with the introduction of 5G, she decided to take direct action to reduce EMF exposure from wireless devices, becoming a co-founder of the Northern Rivers for Safe Technology group.

She served as a spokesperson for the group and now develops original content for print and online media as part of the We Are Not SAM organization. Ms. Lhamo currently works on developing educational materials for We Are Not SAM's campaign to boycott 5G devices and its efforts to see Wi-Fi banned in classrooms.

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