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October 2016



# October is Breast Cancer Awareness Month

Case reports are accumulating of young women developing unusual breast cancer after carrying a cell phone in their bra. Learn more about the links between cell phone radiation and breast cancer.

LEARN MORE

#### **Breast Cancer Is an Environmental Health Issue**



Body burden refers to the total accumulation of cancer causing toxins in our body. If we expose ourselves to more toxins than our body can eliminate, they will accumulate in our our bodies and contribute to our risk for breast cancer.

Watch Dr. Davis talk about The Secret History of the War on Cancer at The University of Virginia

A Must watch: Dr. Mitchell Gaynor's excellent lecture on how to decrease your cancer risk.

# You Can Avoid Cancer Causing Exposures in Your Home

EHT has long partnered with Prevent Cancer Now (PCN) which works to eliminate the preventable causes of cancer, through awareness, education, and advocacy.



Check out PCN's excellent Cancer Prevention Tips which covers everything from a Healthy Home to Lawn and Garden to Toxic

# The Ecology of Breast Cancer The promise of prevention and the hope for healing Ted Schettler MD, MPH

# The Ecology of Breast Cancer: The promise of prevention and the hope for healing by Ted Schettler MD, MPH

Chapter 6 about electromagnetic fields (including cell phone radiation) starts at page 126 (that's pdf page 132).

View the PDF



# A Powerpoint Presentation on Tiffany Frantz's Story of breast cancer after storing the cell phone in her bra for 5 years

View the Powerpoint Presentation



New! Save The Girls business card sized to keep in your wallet

Products.

The Check out PNC's Minimize Exposure to Radiation from Wireless Communications Page

# **Shop Smart: Inform Yourself on Chemicals in your Food and Personal Care Products**

From apples to sunscreen, the choices we make every day can make a huge difference for our families. The Environmental Working Group has developed excellent tools for consumers to choose products wisely.



Skin Deep
Cosmetics/Personal Care
Database

- Guide To Healthy Cleaning Products
- Avoid Pesticides in Your Fruits and Vegetables

## Think Before You Pink: Beware of Pinkwashing

Pinkwashing: A company or organization that claims to care about breast cancer by promoting a pink ribbon product, but at the same time produces, manufactures and/or sells products that are linked to the disease. For example, using oil wastewater to irrigate our citrus is not safe.



Dearn more about Breast Cancer Action's Toxic Isn't Tasty Citrus Campaign

Think Pink: Think Again! Six ways that pink ribbon culture distracts from meaningful progress on breast cancer

# Stay Up to Date on Current Science

The Collaborative on Health and the Environment (CHE) is a one stop shop for science. This week CHE is hosting an expert call on breast cancer with Dr. Ruthann Rudel, Director of Research at Silent Spring Institute and Dr. Robert Hiatt Chair of the Department of Epidemiology and Biostatistics at UCSF October 27, 2016, at 1:00pm EST (This call will be available as a podcast afterwards).



The Power of Prevention: Breast Cancer is an Environmental Health Issue

Download the Save the Girls small card printable file

Land Download the Save the Girls postcard printable file



**Exposure: Watch the** award-winning documentary, **Exposure: Environmental** Links to Breast Cancer. **Featuring Olivia Newton-**John

Watch the Video



**Breast surgeon Dr. Lisa** Bailey, M.D., former President of the **American Cancer Society** in California presents evidence on the link between cell phones and breast cancer

Watch the Video

Oct 27, 2016 Call: Innovative Approaches to Breast Cancer

**Prevention and Screening** 

Practice Prevention Fact Sheets on Chemicals and Toxic **Exposures** 

CHE's Working Group/Listserve on Electromagnetic Fields (EMF)

# Stink: An Excellent New Documentary About Breast **Cancer and The Chemical Industry**

"Entertaining, enlightening, and at times almost absurd, Stink takes you on a madcap journey, from boardrooms to the halls of Congress" as a father tries to uncover the truth about the secretive chemical industry after his wife passes away from breast cancer. This award winning documentary is free for the month of October.





### **Breast Cancer and the Environment: Prioritizing** Prevention

A federal advisory committee co-chaired by Breast Cancer Fund President Jeanne Rizzo, released a report concluding that preventing exposure to environmental risk factors is the most promising path to decrease incidence of breast cancer. Learn More



# ADDITIONAL RESOURCES

- Women's Voices for the Earth: Amplifying women's voices to eliminate the toxic chemicals
- Safe Cosmetics 101: Ingredients to Avoid by the Breast Cancer Fund
- Factsheet on Breast Cancer and The Environment: Breast Cancer Action
- Breast Cancer & Our Environment: The Breast Cancer Fund
- Electromagnetic field exposure and male breast cancer risk: a meta-analysis of 18 studies
- Scientific Report: Multifocal Breast Cancer in Young Women with Prolonged Contact between **Their Breasts and Their Cellular Phones**

- Investigation of the Effects of Distance from Sources on Apoptosis, Oxidative Stress and Cytosolic
- Calcium Accumulation via TRPV1 Channels Induced by Mobile Phones and Wi-Fi in Breast Cancer Cells.
- Green Gazette: HEALTH ISSUES | Save the Girls. Make the Bra a No-Phone Zone
- Breast Cancer Answers: Doctors discuss breast cancer and cell phones on this webcast

#### STAY CONNECTED





