

protect the ones you love



#practicesafetech

Cell Phones, Wireless and Children

Wireless devices such as tablets, laptops, baby monitors and wi-fi routers all emit the same type of wireless microwave radiation as cell phones.

Fact: Children's skulls can absorb 10 times more microwave radiation than adults, and their brains can absorb twice as much.

Over a dozen countries recommend children reduce exposure to cell phone radiation because of links to cancer, infertility and brain damage.

Learn more at
ehtrust.org
#PracticeSafeTech

**ENVIRONMENTAL
HEALTH TRUST**

1. Practice Safe Tech

Airplane mode ON with WiFi OFF stops the radiation. No laptops or tablets on laps.

2. Safer Phone Use

Get a corded landline phone for your home. Children should not use cell phones for calls except for emergencies.

3. Maximize Distance

Hold cell phones away from the head and body by using speakerphone. No wireless devices near reproductive organs or near a pregnant woman's abdomen.

4. Choose Wired

Turn off WiFi and use cords to connect routers, phones, computers, gaming consoles and other devices.