



October 29, 2018

Montgomery County Council Members

Hans Riemer, President
Nancy Navarro
Roger Berliner
Marc Elrich
Nancy Floreen
Tom Hucker
Sidney Katz
George Leventhal
Craig Rice

Re: Close Proximity Cell Towers

Council Members:

We are integrative/holistic doctors from Maryland and D.C. Some of us are at National Integrated Health Associates (“NIHA”) is located in Washington, D.C. and has been serving the Washington, D.C., Maryland and Northern Virginia metropolitan areas since 1995 although we see patients from all over the U.S. NIHA has over 25 practitioners including a medical team, dental team, and holistic practitioners. Our approach to treatment is to focus on the “whole person” in order to achieve optimum health and wellness not just freedom from disease.

As part of focusing on the “whole person” we discuss with our patients their medical needs, emotional or behavioral needs, and spiritual needs. We may discuss nutrition and healthy living generally. Part of healthy living may involve eliminating or reducing toxins in our foods and in our environment. We understand that having certain wireless devices in your home, office or school can create a sort of “mini cell tower” in your work or home environment. The human body is sensitive and the body and brain cells are affected by radiofrequency radiation. Many hundreds of studies support the view that this type of radiation is responsible for a range adverse health effects at levels that are significantly below what governments consider safe. You may recall that radiofrequency radiation was classified as a Group 2B (known carcinogen) several years ago and this September a peer reviewed and published paper recommended that radiofrequency radiation be upgraded to Group 1 (carcinogenic to humans).¹

We must say that we were extremely disturbed that Montgomery County is among various counties and cities throughout the U.S. that are considering how to deploy small cell towers that will be close to residential areas. Living with cell towers within 30 to 60 feet of our homes is disturbing to say the least. We often counsel our patients to reduce their usage of wireless devices for both mental and physical reasons. Mentally, people are becoming almost “addicted” to their phones and other devices and

¹ <https://www.sciencedirect.com/science/article/pii/S0013935118303475>

personal relationships suffer and meaningful connections between individuals suffer. This affects children disproportionately as they are growing up in a "wireless" society. Physically, the constant bombarding of radiofrequency radiation is unhealthy to individuals. This also affects children disproportionately as their brains are not fully developed and skulls are thinner, thus radiofrequency radiation may penetrate easier than for adults. We suggest that when people rest they turn off phones and any other wireless devices including any WiFi they may have in their homes. The importance of quality rest without these exposures is critical to health. Just as you would remediate your home from mold, radon and other toxins, those unseen toxins in the form of radiofrequency radiation are detrimental to human health and well-being and should be remediated to the greatest extent possible.

We strongly urge you to do the most you possibly can to protect the residents of Montgomery County from the negative health effects that would occur from living in close proximity to cell towers. Please consider keeping such towers as far from homes as you can. An individual may choose not to smoke, and choose to eat healthy, but you are *completely removing the personal freedom* an individual has to live in an environment that is free of unsafe radiofrequency radiation. We acknowledge that in public places an individual will have this exposures and that is a choice one makes but being exposed in one's own private and personal space to a toxin without one's consent is unacceptable.

We respectfully ask that you reconsider the deployment of small cell towers in residential areas.

Thank you,

Dr. Lorelle Bradley, MD

Denise Byrne, RN

Laurie DeRosa, RDH

Dr. Charles Gant, MD, PhD

Cathlene Heideman, NP, LAc

Dr. Charlene Kannankeril, ND

Dr. Mark McClure, DDS, FAGD

Dr. Coy Roskosky, DC

Dr. Ching Voss, MD


Dr. Lowell Weiner, DDS, FAGD

Dr. Peter Jun Wu, CMD, LAc

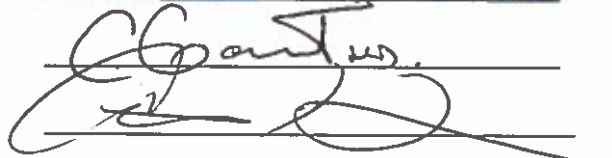
Shirley Butler

Antoinette Davis


Robert Johnson



DENISE BYRNE RN
Laurie DeRosa RDH



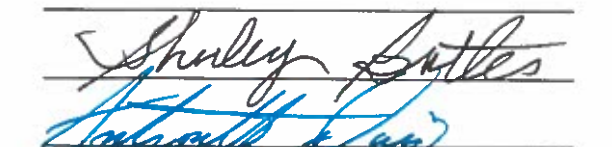
C. Gant MD, PhD



Mark McClure DDS
Coy Roskosky DC



Lowell Weiner DDS, FAGD



Shirley Butler



Robert Johnson

Angela Gardiner

Teresa Gallagher

Jocelyn Modine

Shekia Noel

Laurie Parrinello

Dole Richardson

Angela Salazar

Joel Simon

Charm Williams

Kim Williams-Smith

Scott Richards

Tim Early

Thaddeus X Chambers

Chris Banks

Clara Ekeke

Mayi El-Maddah

Gloria Meder

~~Natasha Farr~~ (Natasha Farr)

Imani Brown

Katherine Stgrud (Stegrud)

Julianne O'Dwyer

Angela Salazar

Teresa Gallagher

Jocelyn Modine

Shekia Noel

Laurie Parrinello

Dole Richardson

Angela Salazar

Joel Simon

Charm Williams

Kim Williams-Smith

Scott Richards

Tim Early

Thaddeus X Chambers

Chris Banks

Clara Ekeke

Mayi El-Maddah

Gloria Meder

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