

Books Give the Gift of Knowledge

EHT is happy to share our selections of highly recommended books, products, and stores that support a lower-EMF lifestyle. We invite you to peruse some of our favorite books.

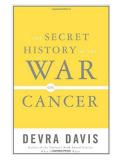
As a nonprofit organization, EHT uses funds earned from affiliate links to support our lifesaving work — from our FCC lawsuit to website design to 5G and cell phone fact sheets.

SEE OUR FULL LIST OF BOOK RECOMMENDATIONS



Disconnect By Devra Davis

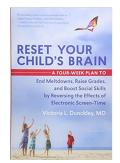
EHT Founder, President, and worldrenowned epidemiologist Devra Davis offers a gripping examination of the long-term health impacts that the cell phone industry knowingly exposes us to in the pursuit of profit.



The Secret History of the War on Cancer By Devra Davis

From lead in gasoline to cigarettes to DES, industry has influenced the science and policy of cancer and stalled prevention efforts to promote industry products.



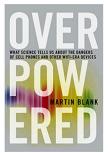


Tech Stress: How Technology

Reset Your Child's Brain By

is Hijacking our Lives, Strategies for Coping, and Pragmatic Ergonomics By Erik Peper, Richard Harvey & Nancy Faass

An evolutionary approach to reenvisioning our relationship with technology — and reclaiming health, happiness, and sanity in a plugged-in world.

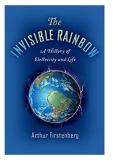


Overpowered: What Science Tells Us About The Dangers of Cell Phones and Other WiFi-Era Devices By Martin Blank

Dr. Martin Blank arms us with the information we need to lobby government and industry to keep ourselves and our families safe.

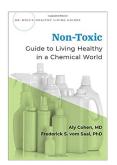
Victoria L. Dunckley

A no-cost, non-pharmaceutical treatment plan for children with behavioral and mental health challenges. In *Reset Your Child's Brain,* integrative child psychologist Dr. Victoria Dunckley offers a simple intervention targeting the frequent underlying cause: Electronic Screen Syndrome (ESS).



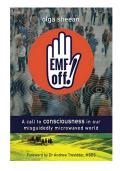
The Invisible Rainbow: A History of Electricity and Life By Arthur Firstenberg

A compelling case that many environmental problems, as well as the major diseases of industrialized civilization, are related to electrical pollution.



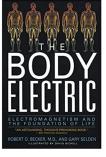
Non-Toxic: Guide to Living Healthy in a Chemical World By Aly Cohen & Frederick S. vom Saal

Non-Toxic is designed to be referred to for its relevant, cost-effective, and practical ways to reduce exposure and thereby lower risk for developing a variety of environmentally associated illnesses.



EMF Off! A Call to Consciousness In Our Misguidedly Microwaved World By Olga Sheean

With humor, insights and discoveries from the forefront of modern science, this book tells a profoundly personal story, revealing the deeper truth about our love affair with technology.



The Body Electric: Electromagnetism and the Foundation of Life By Robert Becker & Gary Seldon

The Body Electric tells the fascinating story of our bioelectric selves and explores new pathways in our understanding of evolution, acupuncture, psychic phenomena, and healing.



An Electronic Silent Spring By Katie Singer

This pioneering book is for anyone concerned about the health of the environment and the people and other creatures that inhabit it. *An Electronic Silent Spring* also presents solutions for those who want to reduce their exposure to electromagnetic radiation.

Our Full List of Recommended Books

