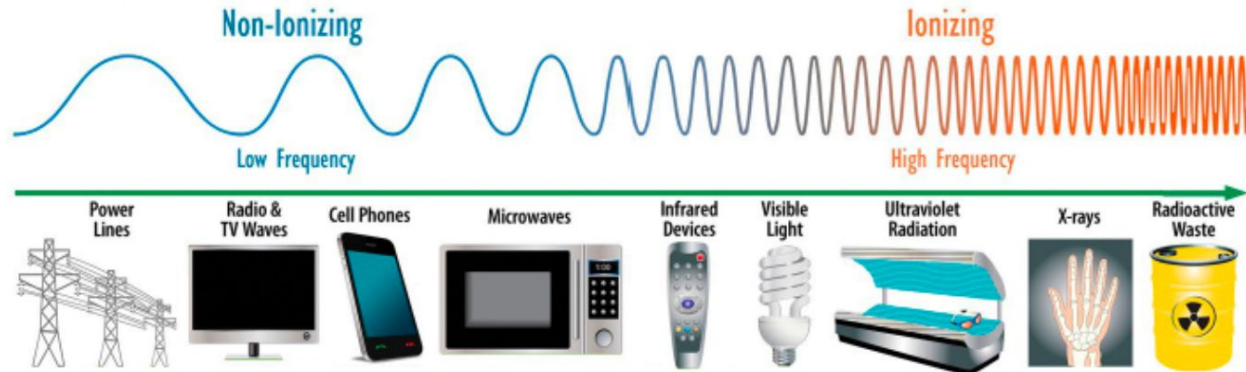




Maryland Children's Environmental Health and Protection Advisory Council

Electromagnetic Spectrum



Guidelines to Reduce Electromagnetic Field Radiation

Maryland State Council Votes to Release Guidelines on How to Reduce Wireless Radiation

The Maryland State Children's Environmental Health and Protection Advisory Council released [a factsheet](#) on how to reduce children's wireless exposures at home!

In addition, Montgomery County Public School Parent Teacher Organization passed a new [Digital Balance Resolution](#), the first in the nation to limit the "screens between" teachers and students.

DOWNLOAD THE WIRELESS GUIDELINES




New York City

Several New York City community boards have passed resolutions calling for a moratorium on the new 5G poles slated to be deployed throughout the city. Community Board 8 which includes areas of Upper East Side of Manhattan and Roosevelt Island, passed a [5G moratorium](#) that says:

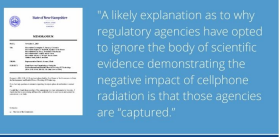
"WHEREAS; there have been questions raised by some residents as to whether sufficient research has been performed to fully assuage concerns that the radiation emitted by 5G infrastructure won't have any long-term impacts on public health or the environment, including young children, seniors, people with medical implant devices, pets, plants, and parks."

Read the New York City Community Board Resolutions



NEW HAMPSHIRE STATE COMMISSION
2020 REPORT: 5G HEALTH AND ENVIRONMENT

In 2020, the New Hampshire State Commission issued a Final Report with 15 recommendations to "to protect people, wildlife, and the environment from harmful levels of radiation" after a year-long investigation with numerous meetings and expert testimony.



"A likely explanation as to why regulatory agencies have opted to ignore the body of scientific evidence demonstrating the negative impact of cellphone radiation is that those agencies are "captured."

Recommendations To Reduce Public Exposure

- Require setbacks of 1640 feet for new wireless antennas from residences, businesses, and schools.
- Cell phones and wireless devices should be equipped with updated software that stops cell phones from radiating when positioned against the body.
- Establish RF-radiation free zones in commercial and public buildings
- New Hampshire health agencies should educate the public on minimizing RF exposure with public service announcements on radio, television, print.

Recommendations To Update RF Exposure Regulations With New Science

- A resolution to US Congress, to require the FCC to commission an independent health study and review of safety limits.
- New measurement protocols needed to evaluate high data rate, signal characteristics associated with biological effects and summative effects of multiple radiation sources.

Recommendations To Address Impacts to Wildlife And Environment

- Engage agencies with ecological knowledge to develop RF-radiation safety limits that will protect the trees, plants, birds, insects, and pollinators.
- Under the National Environmental Policy Act, FCC should do an environmental impact statement as to the effect on New Hampshire and the country as a whole from 5G and the expansion of RF wireless technologies.

Recommendations To Utilize Safer Alternatives

- New Hampshire schools and libraries should replace Wi-Fi with hardwired connections.
- Support statewide deployment of fiber optic cable connectivity with wired connections inside homes.

Recommendations To Increase Transparency

- State should measure RFR and post maps with RF measurements.
- Require 5G structures to be labeled for RFR at eye level and readable from nine feet away.
- RFR signal strength measurements for cell sites should be done by independent contractors.
- NH professional licensure to offer RF measurement, education for home inspectors.
- Warning signs posted in commercial and public buildings.

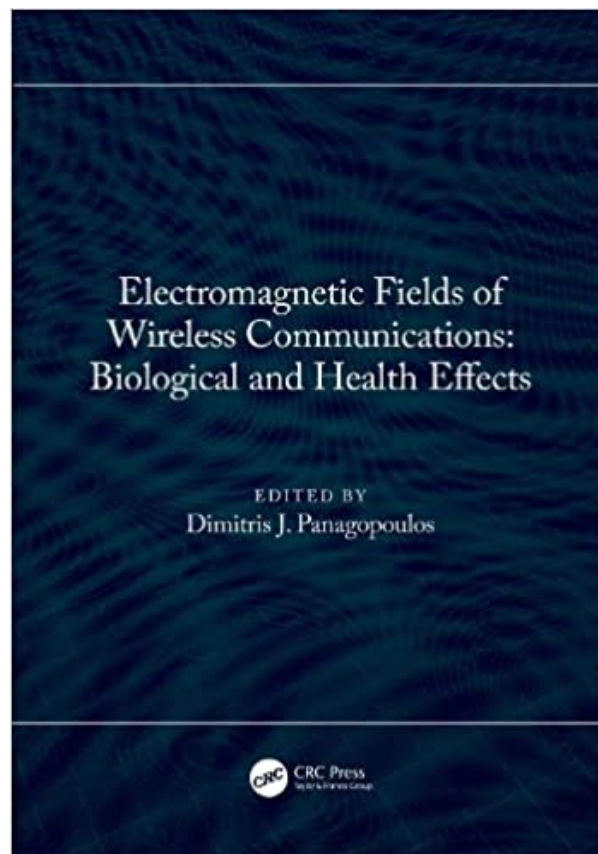
Update From New Hampshire

Last year New Hampshire lawmakers considered a 1640 foot setback for cell towers across the state and this year they are considering a new law, [HB298](#), to strengthen their regulations on wireless facilities.

[Learn about the Bill](#)

Download one Page Factsheet on the New Hampshire Commission 5G Health and Environment Report

A Sampling of Recent Publications on Wireless



New Textbook: Electromagnetic Fields of Wireless Communications: Biological and Health Effects

This 554 page book edited by Dr. Dimitris J. Panagopoulos covers biological and health effects, including oxidative stress, DNA damage, reproductive effects of mobile phones/antennas (2G, 3G, 4G), cordless phones, Wi-Fi, etc. It documents the connections between anthropogenic EMF exposures and various pathological conditions such as infertility, cancer, electrohypersensitivity, organic and viral diseases, and effects on animals, plants, trees, and environment are included.

Taylor and Francis has a [preview PDF available on their website](#). Go to the link and click on button on right side that says "Preview PDF."

We note there are numerous other publications n the issue also available such as [Mobile Communications and Public Health](#), edited by Marko Markov.

Link to Book and Preview



[Incongruities in Recently Revised Radiofrequency Exposure Guidelines and Standards](#) published in Environmental Research by James C. Lin, former member of ICNIRP.

[Low-level EMF effects on wildlife and plants: What research tells us about an ecosystem approach](#) published in Frontiers in Public Health by Levitt et al.

[Wireless technology is an environmental stressor requiring new understanding and approaches in health care](#) published in Frontiers in Public Health by McCredden et al. (ORSAA researchers)

[The assumption of safety is being used to justify the rollout of 5G technologies](#) by McCredden et al. (ORSAA researchers)

[Case Report: The Microwave Syndrome after Installation of 5G Emphasizes the Need for Protection from Radiofrequency Radiation](#) published in Annals of Case Reports by Hardell and Nilsson.



Dr. Cindy Russell

Director of Physicians For Safe Technology

Date: Tuesday, February 28
Time: Noon EST, 9 am PST
INTERVIEW plus Q & A

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WIRELESS RADIATION LAWS SHOULD PROTECT CHILDREN



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