



**Save the Girls!**

# Cell Phones and Breast Cancer

Women are developing breast cancer in the exact same place they kept cell phones in their bras, according to an increasing number of medical reports.

Fact: Cell phones emit microwave radiation, known to damage DNA.

Cell phone manuals state in fine print that cell phones are to be some distance away from the body.

**Learn how to reduce your exposure. Do not carry your cell phone in your bra.**

More at  
**ehtrust.org**

*#PracticeSafeTech*



## Doctors' Recommendations

### 1. Protect Your Body

Airplane mode ON with WiFi OFF stops the radiation. Do not carry cell phones in your pockets or bra. No laptops or tablets on your lap.

### 2. Practice Safer-Phone

Prefer a corded landline phone. Hold cell phones away from the head and body by using speakerphone.

### 3. Protect Your Fertility & Your Pregnancy

No wireless devices near reproductive organs or near a pregnant woman's abdomen.

### 4. Practice Safe Tech

Turn off WiFi and use cords to connect routers, phones, computers and other devices.