

Information for a Safe and Healthy Pregnancy



**Doctors Recommend That
Pregnant Women Reduce Wireless Radiation.**

The Baby Safe Project



BabySafeProject.org

Physicians, scientists, and educators have joined together to express concern about the risk wireless radiation poses to baby's brain development.

The BabySafe Project urges pregnant women to take simple steps to reduce a baby's wireless exposure including:

- Turn off your cell phone or switch to airplane mode when not in use.
- Avoid holding your cell phone or any wireless device against your body.
- Replace cordless phone systems with corded phones that don't plug into electricity.
- Avoid prolonged or direct exposure to WiFi routers.
- Turn off WiFi routers and connect to the Internet via wired cables whenever possible.

Safe Technology at Home:

Choose corded home phones and non-wireless routers because they do not emit wireless radiation.

"As a research scientist and physician who studies how microwave radiation affects the outcomes of pregnancy, I am deeply concerned about growing exposures to cell phone and other wireless radiation."

Hugh Taylor MD, Chief of Obstetrics and Gynecology, Yale-New Haven Hospital

The BabySafe Project



www.BabySafeProject.org
#KnowYourExposure

Learn more ways
to reduce exposure at
BabySafeProject.org

Also, check out the list of physicians
who support these recommendations.